

# Our support

Beira's Place is a **support service** for women **aged 16+** who have experienced any kind of sexual violence, sexual abuse or sexual exploitation, **no matter when it occurred.**

The service is **free and confidential** and available to women across the Lothians.

Our support services include **1-1 support** in person, on the phone, online, or by email.

**Visit our website** for more details and a **comprehensive FAQ page.**

There's also a **range of resources**, including dealing with **flashbacks** and **trauma** that you may find useful.



## Get in touch

You can reach us by phone, text, email, or online chat at [beirasplace.org.uk](https://beirasplace.org.uk)

We'll chat through what support you think would best suit you and set up an assessment appointment for you.

Our phone line is open  
**Mon - Fri, 10am - 4pm**

Appointments for support are available  
**Mon-Fri, 10am - 5pm**

There are also evening appointments available for women having longer term support with us.

**Tel: 0131 526 3944**  
**Text: 0754 669 7067**  
**[support@beirasplace.org.uk](mailto:support@beirasplace.org.uk)**

Beira's Place is the operating name of WFRS Edinburgh Limited, a company registered in Scotland with registered number SC716085 and having its registered office at 2 Atlantic Square, 31 York Street, Glasgow G2 8AS.



**Sexual violence support service for women across Edinburgh and the Lothians**



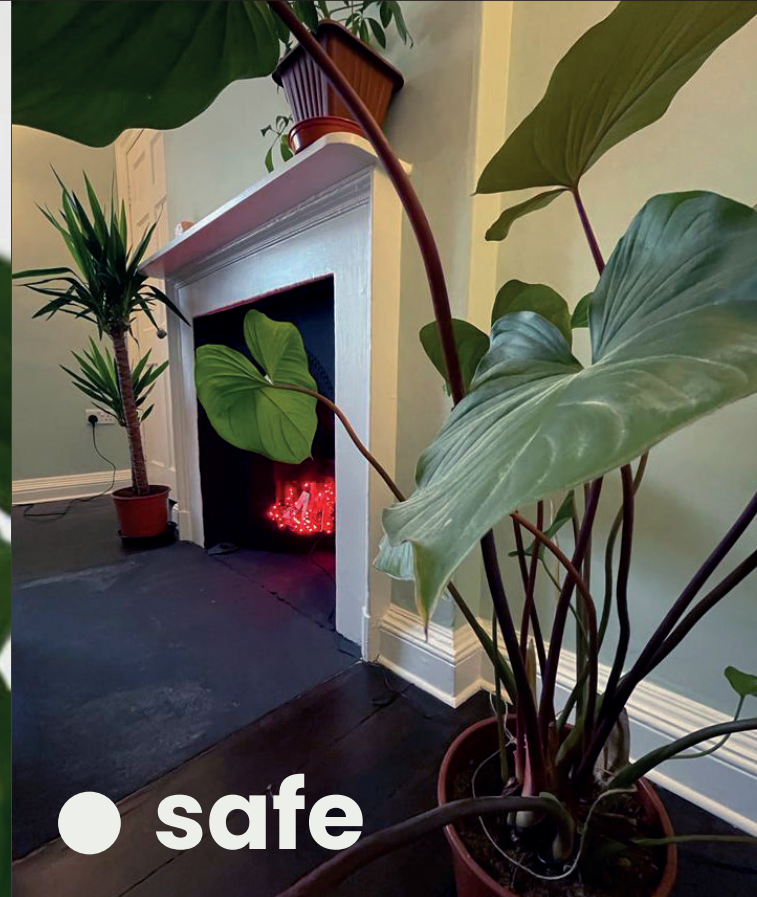
**[beirasplace.org.uk](https://beirasplace.org.uk)**



# ● Our place for you

Beira's Place is a service for **women only**, in accordance with the Equality Act (2010) which permits the provision of single sex services for women in various situations where there is a good reason for them. From **our years of experience and feedback** working with women, just like you, we know that most women prefer to be in a **women-only space** when accessing support. Our building is 'women only' during our opening hours so that you can **feel safe in our female-only environment**.

If you are visiting, our main base is in the **New Town of Edinburgh** and we have a base close by for **any wheelchair user**.



● safe



● welcoming

## We support women who have experienced:

- Rape
- Sexual assault
- Sexual harassment
- Intimate partner sexual violence
- Sexual exploitation
- Childhood sexual abuse
- Online sexual abuse, image based sexual abuse, or 'revenge porn'
- Sexual abuse in prostitution
- Sexual coercion



● supportive

